

## ANNANDALE NORTH CANTEEN MENU 2019

### AVAILABLE DAILY

#### SALADS

Chicken salad **	\$5.00
Ham salad box**	\$5.00
Tuna salad box**	\$5.00
Salad box**	\$4.00

#### SANDWICHES

Cheese	\$2.70
Ham	\$3.20
Egg	\$3.20
Egg, lettuce, mayo	\$3.70
Ham, cheese and tomato	\$3.80
Ham and cheese	\$3.70
Ham and salad	\$3.20
Tuna, lettuce and mayo	\$4.20
Salad	\$3.70
Vegemite	\$2.20
EXTRA – cheese, avocado, beetroot, carrot, cucumber, lettuce, tomato	50c each

#### WRAPS on corn tortilla

Chicken salad**	\$4.50
Chicken, lettuce and mayo**	\$4.50
Tuna, lettuce and salad**	\$4.50
Salad**	\$4.50

#### RICE PAPER ROLLS (each)

Vegetarian**	\$2.00
Chicken and salad**	\$2.00

#### TOASTED SANDWICHES

Cheese	\$3.20
Cheese and tomato	\$3.70
Cheese and ham	\$3.70
Ham and tomato	\$3.70
Chicken and cheese	\$4.00
Baked beans	\$3.70

#### HOT FOOD

Lasagna	\$5.00
Spaghetti Bolognese	\$5.00
Mac and cheese	\$5.00
Fried Rice	\$5.00
Vegetarian Fried Rice	\$5.00

\*\* denotes gluten free foods

### SUMMER LUNCH SPECIALS

#### TUESDAYS SUSHI

Brown rice tuna**	\$5.00
Brown rice chicken**	\$5.00
Brown rice cucumber**	\$5.00
Mini - tuna**	\$5.50
Mini - cucumber**	\$5.50
Mini - avocado**	\$5.50

#### WEDNESDAY

Dumplings	\$3.50
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#### THURSDAYS

Vegetarian Pizza	\$4.50
BLT sandwich	\$4.50
Chicken Noodles from BarAsia	\$5.50

#### FRIDAY

Meat pie	\$4.50
Chicken and leek pie	\$4.50
Sausage roll	\$4.00
Dumplings	\$3.50

### WINTER SPECIALS

<b>Miso soup- daily</b>	\$2.00
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#### TUESDAYS SUSHI

Brown rice tuna****	\$5.00
Brown rice chicken****	\$5.00
Brown rice cucumber**	\$5.00
Mini - tuna**	\$5.50
Mini - cucumber**	\$5.50
Mini - avocado**	\$5.50

#### WEDNESDAY

Sausage n mash (1/2 sweet potato – w or w/ gluten free gravy) **	\$6.00
Chicken curry**	\$5.00
Dumplings	\$4.00

#### THURSDAYS

Vegetarian Pizza	\$4.50
BLT sandwich	\$4.50
Chicken Noodles from BarAsia	\$5.50

#### FRIDAY

Meat pie	\$4.50
Chicken and leek pie	\$4.50
Sausage roll	\$4.00
Dumplings	\$4.00

**DRINKS**

Water	\$2.00
Milk – plain (Oak 300ml)	\$2.50
Chocolate milk (Nippy's 250ml)	\$2.30
Strawberry milk(Nippy's 250ml)	\$2.30
Nippy's 100% Juice – Apple	\$2.30
Nippy's 100% Juice – Apple and blackcurrent	\$2.30
Nippy's 100% Juice – Tropical	\$2.30

**FROZEN TREATS**

Frozen grapes	\$1.00
Frozen orange	50c
Frozen watermelon	50c
Frozen pineapple	50c
Skinny (Quench)	\$1.00
Frozen yoghurt – raspberry	\$2.00
Frozen yoghurt - strawberry	\$2.00
Frozen yoghurt - mango	\$2.00
Moosie –chocolate	\$1.50
Moosie - banana	\$1.50

**SNACKS FOR RECESS**

Veggie sticks and hommous	\$3.50
Slinky apple	\$1.00
Slinky apple – BYO apple	50c
Fresh seasonal fruit (whole)	\$1.00
Cheese, crackers and sliced apple	\$3.50
Frozen grapes	50c
Frozen orange	50c
Frozen watermelon	50c
Frozen pineapple	50c
Popcorn - plain**	\$2.00
Popcorn – sweet chilli**	\$2.00
JJ's Rice crackers – salt & vinegar	\$1.50
JJ's Rice crackers – pizza	\$1.50
Rice cakes (2) **	40c
Rice cakes with butter**	60c
Rice cakes with vegemite**	60c
Chicken pastizzis	\$1.50
Cheese and spinach pastizzis	\$1.50
Spinach and cheese pocket	\$4.50
Spicy Lebanese bread	\$3.50
Bread roll	70c